Aug 13, 2020 thru Aug 31, 2020

Base Menu Spreadsheet Portion Values - Detailed

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**CURBSIDE LUNCH** 

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	Portion Size	Cals (kcal)	Sodm (mg)	Protn (a)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 08/13/2020			` 3/	\3/	\3/	\3/	\3/
CURBSIDE LUNCH	Total						
SUNBUTTER SANDWICH, STRAWBERRY	1 EACH	310	320	9.0	32.0	15.0	2.00
GOLDFISH, CHEDDAR (CAMPBELL'S)	PACKAGE	100	170	2.0	14.0	4.0	0.50
CHEESE, STRING (LAND O LAKES)	1 EACH	60	200	7.0	1.0	3.0	2.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	0.0	9.0	0.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average	TOAKTON	710	861	*29.94	89.78	*24.79	6.04
% of Calories		'10	001	*16.9%	50.6%	*31.4%	7.6%
% of Calones				10.9%	50.0%	31.4%	7.0%
Nutrient Guideline		600-650	1230				<10.00
Fri - 08/14/2020							
CURBSIDE LUNCH	Total						
NACHO PRETZL PCKT	1 EACH	360	600	19.0	38.0	16.0	8.00
CS BEAN VARIETY	1/2 CUP	104	140	6.25	18.5	0.75	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		664	901	*37.20	90.28	*19.54	9.53
% of Calories				*22.4%	54.4%	*26.5%	12.9%
Nutrient Guideline		600-650	1230				<10.00
Mon - 08/17/2020							
CURBSIDE LUNCH	Total						
CS TERIYAKI BEEF NUGGT & ROLLS	4 EA & 2 ROLL	320	700	18.0	36.0	10.0	3.50
CARROTS.2.6 OZ PKG	2.6 OZ PK 1/2C	32	26	0.76	7.47	0.14	0.02
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.02
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
	TCARTON			*30.70		*12.93	
Weighted Daily Average		552	887		77.25		5.06
% of Calories				*22.3%	56.0%	*21.1%	8.2%
Nutrient Guideline		600-650	1230				<10.00
Tue - 08/18/2020							
CURBSIDE LUNCH	Total						
TORTILLA CHIPS (LA TAPATIA)	1 EACH	270	110	4.0	38.0	12.0	2.00
CHEESE DIP CUP	1 EACH	190	570	10.0	14.0	10.0	6.00
CHEESE, STRING (LAND O LAKES)	1 EACH	60	200	7.0	1.0	3.0	2.00
SALSA CUP	1 CUP	20	300	*N/A*	4.0	0.0	0.00
		- 1			-		
CS BEAN VARIETY	1/2 CUP	104	140	6.25	18.5	0.75	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		844	1481	*39.19	109.28	*28.54	11.53
% of Calories				*18.6%	51.8%	*30.4%	12.3%
Nutrient Guideline		600-650	1230				<10.00

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<sup>&</sup>lt;sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

## Aug 13, 2020 thru Aug 31, 2020

Base Menu Spreadsheet Portion Values - Detailed

CARROTS, 2.6 OZ PKG

FRUIT, FRESH VARIETY (ELEMENT)

MILK, PLAIN 1% (PRODUCERS)

**CURBSIDE LUNCH** 

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-							
	Portion	Cals	Sodm	Protn	Carb	T-Fat	S-Fat
	Size	(kcal)	(mg)	(g)	(g)	(g)	(g)
Wed - 08/19/2020		, ,		, , ,	, , ,	, , ,	, , ,
CURBSIDE LUNCH	Total						
CS CHICKEN PATTY MELT SANDWICH	1 EACH	440	1060	25.0	44.0	19.5	4.50
CS GREEN BEANS, CND (OTH) 1/2 CUP	1/2 CUP	16	140	1.0	3.0	0.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		656	1361	*37.94	80.78	*22.29	6.03
% of Calories				*23.1%	49.2%	*30.6%	8.3%
Nutrient Guideline		600-650	1230				<10.00
Thu - 08/20/2020							
CURBSIDE LUNCH	Total						
CS CHICKEN DRUMSTICK (TYSON)	1 EACH	220	530	19.0	6.0	13.0	3.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	10	10	1.06	1.8	0.12	0.02
CS APPLES, SLICED(ELEMENTARY)	1/2 CUP	34	0	*N/A*	8.0	*N/A*	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
CS ROLL, MINI WHEAT (SHANNON'S)	1 EACH	80	130	2.0	15.0	1.0	0.00
Weighted Daily Average	1 LAOIT	474	830	*33.06	46.80	*16.62	4.52
% of Calories		4/4	030	*27.9%	39.5%	*31.6%	8.6%
70 Of Calones				21.370	33.370	31.070	0.070
Nutrient Guideline		600-650	1230				<10.00
Trainent Galdeline	L	000 000	1200				110.00
Fri - 08/21/2020							
CURBSIDE LUNCH	Total						
WG GRILL CHEESE IW	1 EACH	280	581	18.55	30.96	9.91	5.56
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	65	15	2.0	15.0	1.0	0.00
FRUIT JUICE VARIETY(PRODUCERS)	1 CARTON	57	2	0.33	13.83	0.0	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		532	757	31.88	75.79	13.41	7.06
% of Calories				24.0%	57.0%	22.7%	11.9%
N. C. CO. C. F.		000.050	4000				40.00
Nutrient Guideline		600-650	1230				<10.00
Mon - 08/24/2020							
CURBSIDE LUNCH	Total						
CS CHICKEN PATTY MELT SANDWICH	1 EACH	440	1060	25.0	44.0	19.5	4.50
CS CELERY STIX (OTH)1/2 CUP	1/2 CUP	12	65	0.56	2.71	0.1	0.03
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		652	1286	*37.50	80.49	*22.39	6.06
% of Calories				*23.0%	49.4%	*30.9%	8.4%
Nutrient Guideline		600-650	1230				<10.00
Tue - 08/25/2020							
CURBSIDE LUNCH	Total						
CS TURKEY HAM&CHEESE SNDWICH	1 EACH	307	927	23.33	34.67	10.33	4.00
OARROTO O COZ RICO	0.007.014.400	000	- 00	0.70	7 47	0 4 4	0.00

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32

70

130

26

1

160

0.76

\*0.94

11.0

7.47

17.78

16.0

0.14

\*0.29

0.02

0.04

1.50

2.6 OZ PK 1/2C

SVG (1/2 CUP)

1 CARTON

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# Aug 13, 2020 thru Aug 31, 2020

Base Menu Spreadsheet Portion Values - Detailed **CURBSIDE LUNCH** 

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	Portion Size	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		538	1114	*36.04	75.92	*13.26	5.56
% of Calories				*26.8%	56.4%	*22.2%	9.3%
Nutrient Guideline		600-650	1230				<10.00
Wed - 08/26/2020							
CURBSIDE LUNCH	Total						
TORTILLA CHIPS (LA TAPATIA)	1 EACH	270	110	4.0	38.0	12.0	2.00
CHEESE DIP CUP	1 EACH	190	570	10.0	14.0	10.0	6.00
CHEESE, STRING (LAND O LAKES)	1 EACH	60	200	7.0	1.0	3.0	2.00
SALSA CUP	1 CUP	20	300	*N/A*	4.0	0.0	0.00
CS BEAN VARIETY	1/2 CUP	104	140	6.25	18.5	0.75	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	70	1	*0.94	17.78	*0.29	0.04
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average		844	1481	*39.19	109.28	*28.54	11.53
% of Calories				*18.6%	51.8%	*30.4%	12.3%
Nutrient Guideline		600-650	1230				<10.00
Thu - 08/27/2020							
CURBSIDE LUNCH	Total						
CS CHICKEN NUGGETS & ROLL	SVG (7 NG&1RL	444	690	24.4	37.4	22.0	3.50
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	65	15	2.0	15.0	1.0	0.00
CS APPLES, SLICED(ELEMENTARY)	1/2 CUP	34	0	*N/A*	8.0	*N/A*	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	11.0	16.0	2.5	1.50
Weighted Daily Average	1 3/4(13)4	673	865	*37.40	76.40	*25.50	5.00
% of Calories		0.0	000	*22.2%	45.4%	*34.1%	6.7%
Nutrient Cuideline		000 050	4000				40.00
Nutrient Guideline		600-650	1230				<10.00
F : 00/00/0000							
Fri - 08/28/2020	<del>-    </del>						
CURBSIDE LUNCH	Total	000	400	47.0	45.0	45.0	0.00
BEAN BURRITO (ARIZONA GOLD)	1 EACH	380	490	17.0	45.0	15.0	6.00
	4/0 0110	4.0					
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	10	10	1.06	1.8	0.12	0.02
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH	1 each	60	15	0.0	15.0	0.0	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS)		60 130	15 160	0.0 11.0	15.0 16.0	0.0 2.5	0.00 1.50
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	1 each	60	15	0.0 11.0 29.06	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS)	1 each	60 130	15 160	0.0 11.0	15.0 16.0	0.0 2.5	0.00 1.50
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	1 each	60 130	15 160	0.0 11.0 29.06	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories	1 each	60 130 580	15 160 675	0.0 11.0 29.06	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52 11.7%
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020	1 each 1 CARTON	60 130 580	15 160 675	0.0 11.0 29.06	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52 11.7%
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline	1 each	60 130 580	15 160 675	0.0 11.0 29.06 20.0%	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52 11.7%
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020	1 each 1 CARTON	60 130 580	15 160 675	0.0 11.0 29.06	15.0 16.0 77.80	0.0 2.5 17.62	0.00 1.50 7.52 11.7%
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020 CURBSIDE LUNCH CS PIZZA, CHEESE (WILD MIKES) CS BROCCOLI RAW (DKG) 1/2 CUP	Total SLICE 1/2 CUP	60 130 580 600-650	15 160 675 1230	0.0 11.0 29.06 20.0%	15.0 16.0 77.80 53.7%	0.0 2.5 17.62 27.3%	0.00 1.50 7.52 11.7% <10.00
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020 CURBSIDE LUNCH CS PIZZA, CHEESE (WILD MIKES)	1 each 1 CARTON Total SLICE	60 130 580 600-650	15 160 675 1230	0.0 11.0 29.06 20.0%	15.0 16.0 77.80 53.7%	0.0 2.5 17.62 27.3%	0.00 1.50 7.52 11.7% <10.00
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020 CURBSIDE LUNCH CS PIZZA, CHEESE (WILD MIKES) CS BROCCOLI RAW (DKG) 1/2 CUP FRUIT, FRESH VARIETY (ELEMENT)	Total SLICE 1/2 CUP	60 130 580 600-650	15 160 675 1230	0.0 11.0 29.06 20.0% 20.0 1.06	15.0 16.0 77.80 53.7% 34.0 1.8	0.0 2.5 17.62 27.3%	0.00 1.50 7.52 11.7% <10.00
CS BROCCOLI RAW (DKG) 1/2 CUP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020 CURBSIDE LUNCH CS PIZZA, CHEESE (WILD MIKES) CS BROCCOLI RAW (DKG) 1/2 CUP	Total SLICE 1/2 CUP SVG (1/2 CUP)	60 130 580 600-650 360 10 70	15 160 675 1230 510 10 1	0.0 11.0 29.06 20.0% 20.0 1.06 *0.94	15.0 16.0 77.80 53.7% 34.0 1.8 17.78 16.0	0.0 2.5 17.62 27.3% 17.0 0.12 *0.29	0.00 1.50 7.52 11.7% <10.00 8.00 0.02 0.04 1.50
CS BROCCOLI RÁW (DKG) 1/2 CÚP JUICE ,100% FRUIT SLUSH MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories  Nutrient Guideline  Mon - 08/31/2020 CURBSIDE LUNCH CS PIZZA, CHEESE (WILD MIKES) CS BROCCOLI RAW (DKG) 1/2 CUP FRUIT, FRESH VARIETY (ELEMENT) MILK, PLAIN 1% (PRODUCERS)	Total SLICE 1/2 CUP SVG (1/2 CUP)	60 130 580 600-650 360 10 70 130	15 160 675 1230 510 10 1 160	20.0 1.06 29.06 20.0%	15.0 16.0 77.80 53.7% 34.0 1.8 17.78	0.0 2.5 17.62 27.3% 17.0 0.12 *0.29 2.5	0.00 1.50 7.52 11.7% <10.00

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Aug 13, 2020 thru Aug 31, 2020

Base Menu Spreadsheet Portion Values - Detailed CURBSIDE LUNCH

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	Portion Size	Cals (kcal)	Sodm (mg)	Protn (g)	Carb	T-Fat (g)	S-Fat
Weighted Average	<b>U</b> .20	638	1014	*34.78	81.49 51.1%	*20.41 *28.8%	7.31 10.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if
								any)
Calories	638		600 - 650	100%				
Sodium 1 (mg)	1014		1230					
Sodium 2 (mg)	1014		935				79	Correction Required -
Protein (g)	34.78	21.82%			Missing			Sodium too High
Carbohydrate (g)	81.49	51.12%			•			
Total Fat (g)	20.41	28.81%			Missing			
Saturated Fat (g)	7.31	10.31%	<10.00%					
(6)								Correction Required -
								Sat. Fat too High

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